

# May 2021 Newsletter

Newsletter #5

May 2021



## It's a Matter of "Principal"



In an era of constant distractions in the form of cell phones, Ipads, and televisions for even young children, it is hardly surprising to discover that many students have not learned to self-regulate their academic studying very well. I remember a story when I was a teacher having a student who was infatuated with MTV. An important math test was two weeks away, and I was told by her parents that she had begun to study while listening to popular music "to relax her." The student had not set any study goals for herself-instead she simply tells herself to do as well as she can on the test. She did not review school work each night, nor did she use any specific learning strategies for condensing and memorizing important material and did not plan out her study time, so she ended up cramming for a few hours before the test. She had only vague self-evaluative skills and could not gauge her academic preparation accurately. In conversation with her, she explained her learning difficulties to an inherent lack of mathematical ability and was very defensive about her poor study methods. However, she did not ask for help from others because she was afraid of "looking silly or unintelligent." She found studying to be anxiety-provoking, had little self-confidence in achieving success, and saw little intrinsic value in acquiring mathematical skills. Does this type of story sound overly familiar? Over the years teachers have sought to understand students like the one I taught. Through research, educators know that self-regulated learning such as goal setting, strategy use, and self-evaluation, can be learned from instruction and modeled by parents, and teachers. I have been so impressed with our teachers as many have found ways to teach these important skills through their lessons. Students are constantly being asked to think about their thinking then explain their thinking. Over the past two weeks, students participate in our modified Student led conferences with teachers sending home student work or highlighting work posted on FreshGrade/Digital Portfolios and we hope your child was able to share with you the type of core competency skills and content that your child has mastered and areas that they continue to work on. Our goal in the school is to teach self-regulation learning so students can focus on how they activate, alter, and sustain specific learning practices in social as well as solitary contexts. In an era when these essential qualities for lifelong learning are absent in many students, teaching self-regulated learning processes in school is especially relevant.

Warm Regards,  
Kelly Chow



## School Communication



### 1 - Bike to School Week May 31 - June 4th

*Inman is celebrating Bike to School Week again from May 31 to June 4! We're encouraging students and families to use active transportation for their trips to school all week - walking, biking, scootering, skateboarding, and using mobility aids all help reduce congestion in our school neighbourhood and help students arrive at school energized and ready to learn.*



### 2 - Are You Leaving Inman Next Year?

*If you know you will be moving out of the Inman area and will be changing schools for the 2021/2022 school year, please call the office at 604-296-9016 to let us know as soon as possible. We need this information to help with the organization of classes for next year. Thank you.*

Parents occasionally wish to make special requests for their child's classroom placement. If you wish to make a specific placement request for your son/daughter, **please email Mr. Chow by June 11, 2021.** As you prepare your request, please keep in mind that requests must be **related to your child's specific learning needs and style without mentioning specific teachers.** Please understand that due to the many placement factors and the allowable class size and class composition guidelines, we may not be able to accommodate your request.





## Welcome an international student!

Langara operates one of the best homestay programs in Canada. International students have the opportunity to live with Canadian families while they complete their education and host families welcome new people and cultures into their homes. Families who host through Langara's program also benefit from generating income, up to \$1,000 per month, for students staying in their room.

For more than 30 years, the program has placed over 25,000 students while enriching the lives of students and families across the Lower Mainland. In the past year we have successfully, and safely, placed hundreds of College and high school students in new homes and supported the mandatory quarantine period upon their arrival.

Host families who have welcomed an international student have been comfortable with the health and safety guidelines and the student experience of their stay.

*"Although we were hesitant to host in the middle of a pandemic, it ended up being a delightful experience. Vanessa was well prepared about expectations before arriving and explicitly followed quarantine, PHOs and our curfews."*

Alessandra & David Pagliardi

*"We've been doing homestay since the mid-2000s and have always enjoyed the experiences we have and the friendships we build. That is why we do this – to make lifelong friends from different countries and cultures!"*

*"Due to the Covid pandemic we had some obvious concerns. However, with the BC government and Langara's protocols that were instituted we are comfortable continuing with the program knowing everyone's health and safety is the first priority. As we prepare to say goodbye to our current Italian student in a couple months, we look forward to our next student this fall, and the new friendships that we can continue to build!"*

Sophia & Paul Tanaka

Our homestay program places high school students for the Burnaby School District. These students come from Europe, Asia and South America - usually stay for five to 10 months, and are keen to experience life with a host family. If you have easy access to a local high school, either by walking or by transit, we'd like to explore the opportunity for you to join our homestay program.

For more information or to apply to the program, please contact Langara Homestay: 604-323-5696 or [homestay@langara.ca](mailto:homestay@langara.ca).



## Community News



### Camp Dates

<b>Week 1</b>	July 5 - 9
<b>Week 2</b>	July 12 - 16
<b>Week 3</b>	July 19 - 23
<b>Week 4</b>	July 26 - 30
<b>Week 5*</b>	August 3 - 6
<b>Week 6</b>	August 9 - 13
<b>Week 7</b>	August 16 - 20
<b>Week 8</b>	August 23 - 27
<b>Week 9</b>	Aug. 30 - Sept. 3

\* camp does not run Mon. Aug. 2, 2021

### Key Policies

**BALL/SHIRT:** Campers will only receive 1 camp soccer ball & 1 t-shirt. If a camper attends 5 or more weeks of camp, he/she will receive a 2nd ball & t-shirt on his/her 5th week of camp.

**INCLEMENT WEATHER:** While camp will continue at designated shelter or indoor facility until inclement weather clears, soccer and active games will likely not be played indoors. There are no refunds due to bad weather.

**LATE PICKUP:** Pick up beyond 5:00 pm (for full day sessions) will be charged at \$10 per 15 minutes. We reserve the right to ask you to withdraw from camp for multiple late pick ups past 5:00pm.

**TRANSPORTATION not provided:** We do not offer pick up or drop off service, however, if camp must travel offsite for any reason, we will arrange bussing and your on-site Supervisor will notify you.

[To read all of our camp policies, visit our website or click here.](#)

### Locations

[- for the latest location details, click here -](#)

#### Burnaby: 2 locations

##### 1) Burnaby Lake East

(drop off & parking in lot off Sperling Ave, off Sprott St, east of Kensington Ave)

##### 2) Kensington Park

(drop off & parking at lot on corner of Fell Ave & Frances St)

Locations also in Vancouver, Richmond, Coquitlam and Surrey.

### Fees & Discounts

All fees are per week per camper.

#### Morning Sessions

<b>Regular Fee</b>	\$129
Earlybird (register by March 31, 2021)	\$114
June 1 (register between Mar. 31-June 1)	\$119
6+ weeks (register for 6 or more weeks)	\$109
Week 5 only (4 day week)	\$109

#### Full Day Sessions

<b>Regular Fee</b>	\$209
Earlybird (register by March 31, 2021)	\$179
June 1 (register between Mar. 31-June 1)	\$194
6+ weeks (register for 6 or more weeks)	\$174
Week 5 only (4 day week)	\$169

Since 1993

# SOCCER DAY CAMPS

...more than just a soccer camp! **2021**

full refund 'no questions asked' until June 1, 2021

- \* morning & full day sessions
- \* before & after care available
- \* July & August weeks
- \* all kids aged 5 to 13

**800-427-0536**

[royalsoccerclub.com](http://royalsoccerclub.com)



## About Us

Welcome to **Royal City Soccer Club!** We are a registered non-profit organization who hosts summer day camps across Canada. Since 1993, we've hosted over 300,000 boys and girls to our grassroots summer soccer day camp experiences. We offer weekly full day and morning programs to children aged 5 to 13 during the summer months of July and August. We are much more than just a soccer camp...our program fosters the development of individual skills, team building and life skills...and of course, tons of FUN!

## Who can Join

All children aged 5 to 13 years old (at time of camp) of any skill level, from never playing soccer before to competitive rep players\*\* are encouraged & welcome to register for any or all of our 9 weekly sessions in July and August.

- \* campers requiring 1 on 1 or extra attention must be accompanied by a support worker or additional supervision provided by the parent/guardian.
- \*\* for some older competitive rep players camp may not meet your expectations.

## Camp Features

- \* every camper receives an RCSC soccer ball and t-shirt
- \* excellent group ratios with RCSC Certified Camp Staff
- \* supervised drop off & pick up with optional extended care
- \* engaging & inclusive instruction and activities throughout the day
- \* digital photos & other camp gear available for purchase

## Our Staff



At RCSC, we are lucky to have the staff we have. Not only do our staff have experience with children with a background in soccer but they are passionate and committed to making a positive difference in the lives of every 'Royal' camper. All RCSC staff must endure interviews, participate in multiple training sessions and provide a police background check. Our caring and responsible staff foster a child-centered approach at our camps.

## How to Register

Accepted payments: credit card (Visa, Mastercard, Amex), cheque or e-transfer.

**online** 3 easy steps

- 1 Select your province from our registration page at [royalsoccerclub.com](https://royalsoccerclub.com)
- 2 Sign in or setup an account and complete the online camp registration.
- 3 A confirmation email will be sent to you upon completion of registration.

**mail/fax** If you wish to register by mail or fax, please email [info@royalsoccerclub.com](mailto:info@royalsoccerclub.com) for a registration form.

All camp registration fees are subject to a **full refund 'no questions asked' until June 1, 2021**.  
To read the full cancellation policy, please visit our website or [click here](#).

## Camp Sessions

At Royal Soccer Club, we're much more than just a soccer camp. We have 2 different sessions you can register for. Campers will build confidence and creativity as we foster an inclusive, engaging and active summer camp experience. We recognize that many of our campers attend for multiple weeks of camp, so we accommodate this by introducing weekly themes and vary the activities & skill exercises. We aim to provide the best experience for your child.

### Morning Sessions 9 am - 12 noon

Morning sessions are geared towards campers who just want a half day program and prefer the soccer focus. Programming consists of learning and playing soccer daily which includes a daily warm up, individual skill development, fun team games, soccer scrimmages and mini-Royal Cups. Campers are grouped by age, size (& ability where possible) in groups sizes are about 10 campers to 1 staff (these ratios are subject to change).

Drop off: 8:30 - 9:00 am Pick up: 12 - 12:30 pm (no charge)

Extended before care: 8 - 8:30 am (\$15/camper/week)

Extended after care: 12:30 - 1 pm (\$15/camper/week)

Before & after care: 8 - 8:30am, 12:30 - 1pm (\$20/camper/week)



### Full Day Sessions 9 am - 4 pm

Our full day sessions are the most popular sessions families register for. These sessions combine the morning sessions (as outlined above) with a fun afternoon session (that may or may not include a leisure swim depending upon the option you select during registration). All campers will play a variety of camp games in the afternoon. Campers who choose the swim option will also get a chance to swim at the nearby pool each afternoon (some locations may not swim every day). The afternoon swim portion is fully supervised by our camp staff and professional pool facility lifeguards. There are limited spaces for the 'swim' option to ensure supervision ratios are safe and pool regulations met. At some locations, campers aged 5 to 7 may not be able to choose the 'swim' option due to pool restrictions. If you have any swim concerns, speak to your onsite Supervisor or contact us at 1-800-427-0536. There might not be any soccer played in the afternoon sessions.

Drop off: 8:30 - 9:00 am Pick up: 4 - 4:30 pm (no charge)

Extended before care: 8 - 8:30 am (\$15/camper/week)

Extended after care: 4:30 - 5 pm (\$15/camper/week)

Before & After care: 8-8:30am, 4:30-5pm (\$20/camper/week)



\* Royal Soccer Club reserves the right to change or update our policies, terms and conditions and/or programming as the Ministry of Health or health professionals may make recommendations and/or changes to the covid-19 guidelines prior to and/or during the summer.

\* For more information on our sessions, [click here](#), or visit the [FAQs on our website](#).



# PLAY SOCCER!

With Burnaby's **ONLY ALL GIRLS** Club

## Girls U5 to Women's Soccer

Season runs from  
September to Spring  
Break



### Super Strikers Academy U5-U8 (2017-2014)

- Learn to Play program for new and experienced players
- Friday evening sessions at Burnaby Central turf
- Sunday morning game days at Riverway Sports Complex
- All sessions run by BGSC-TWU Academy staff

### U9/U10 (2013/2012)

- Games on Sundays at Riverway Sports Complex
- U9/U10 team practices on turf fields at Cariboo, Byrne Creek and Burnaby Central

### U11/U12 (2011/2010)

- Mid-week turf field practices and games on Sundays
- Select (Div. 1 & 2) and House (Div. 3) level teams

### U13-U18 (2009-2004)

- Games on Sundays, mid-week team practices

### Friday Night Academy

- U9-U18 (2013-2004) skill development at Burnaby Central turf

**BURNABY GIRLS**



**REGISTER NOW AT: [WWW.BGSC.CA](http://WWW.BGSC.CA)**

## Join Cliff Avenue United FC Soccer Club.

Interested in getting your child outdoors?  
Learn team building skills? Or just have fun?

Come join Cliff Avenue United FC and learn to  
**PLAY SOCCER!!!!**

Founded in 1956 and the only Burnaby Club  
in the BC Soccer Hall of Fame, we are the  
largest youth soccer Club in Burnaby. We  
provide the most girls and boys programs for  
players of all abilities; first time players to Metro/Div 1.



Our fall soccer season runs from September 2021 to mid-March 2022  
and is open to ages U6 to U18. We also offer extra development  
programs which are run by our professional CAUFC staff coaches.

Cliff Avenue also offers a U5 One with One program for our youngest  
players. The players are introduced to soccer through a series of  
adventures and accompanied by their parents.

	U5	U6-U10	U11-U18
Practices	Friday nights, Saturday or Sunday mornings	Monday thru Friday	Monday thru Friday
Games	No games	Boys = Saturdays Girls = Sundays	Boys = Saturdays Girls = Sundays
Pricing	\$125.00	\$275 - \$300	\$330 - \$385

If you're going to play soccer, why not play with the best!

Early Bird Special savings expire June 30<sup>th</sup>

Join Early! Join Now!

- Website: [www.cliffavenuesoccer.com](http://www.cliffavenuesoccer.com)
- FaceBook: <https://www.facebook.com/CliffAvenueUnited/>
- Instagram: [https://www.instagram.com/cliff\\_avenue\\_united\\_fc/](https://www.instagram.com/cliff_avenue_united_fc/)



SCAN ME



# SBMC-SOCCER

## 2021/22 FALL REGISTRATION

NOW OPEN FOR U4 – U18 PLAYERS

REGISTER AT  
<https://go.teamsnap.com/forms/261944>

**EARLY BIRD DISCOUNT:**  
REGISTER ON OR BEFORE MAY 30, 2021 FOR A **\$50 DISCOUNT**

	<p><b>FALL/WINTER LEAGUE:</b></p> <ul style="list-style-type: none"><li>-STARTS SEPTEMBER 2021 – MARCH 2022</li><li>- AT LEAST ONCE A WEEK PRACTICE</li><li>- GAME ON SATURDAYS</li></ul> <p><b>LOCATIONS</b></p> <ul style="list-style-type: none"><li>• RIVERWAY SPORTS COMPLEX</li><li>• BYRNE CREEK SCHOOL TURF</li><li>• BONSOR COMMUNITY CENTRE</li></ul>		<p><b>REGISTRATION FEES:</b></p> <ul style="list-style-type: none"><li>U4-U5 (BORN 2017-2018) - \$170</li><li>U6-U7 (BORN 2015-2016) - \$200</li><li>U8-U9 (BORN 2013-2014) - \$230</li><li>U10 (BORN 2012)-\$250</li><li>U11-U12 (BORN 2010-2011) - \$300</li><li>U13-U15 (BORN 2007-2009) - \$325</li><li>U16-U18 (BORN 2004-2006) - \$360</li></ul>	
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